

<u>Key</u>	<u>Microcosmic</u>	<u>Other Names</u>	<u>Powers</u>
0	Air - Breath	The Spirit of Æther	Overcoming fear, anxiety and depression
1	Pineal Gland	The Magus of Power	Improve concentration
2	Pituitary	The Princess of the Silver Star	Develop and improve memory (this life and others)
3	Laryngeal Plexus	The Daughter of the Mighty Ones	Develop creative imagination and the ability to express love.
4	Upper Cranium	Sun of the Morning Chief among the Mighty	Improve reasoning skills and create order (inner and outer)
5	Neck, Throat, Cerebellum & Medulla	The Magus Eternal	Develop tools to help 'awaken' inner hearing.
6	Hands, arms, shoulders, lungs and upper ribs	The Children of the Voice The Oracle of the Mighty Gods	Develop powers of discrimination and acknowledge the relationship with the Higher Self
7	Chest, esophagus, mammary glands, stomach, lower lungs, diaphragm & upper liver	Child of the Power of the Waters Lord of the Triumph of Light	Reaffirm sense of identity with the One Self during the 'battle' of everyday life
8	Dorsal Spine, aorta and heart. Circulatory system	Daughter of the Flaming Sword Leader of the Lion	Understanding that Nature will help in the great Work. True Self has control over your Animal Nature.
9	Small intestine, upper abdomen, large intestine, lower liver, spleen & pancreas	The Magus of the Voice of Light The Prophet of the Gods	Help establish our connection to our predecessors and understanding our place in the chain of those who light the path.
10	Solar Plexus	The Lord of the Forces of Light	"The farther the creation is from the Center, the more it is bound; the nearer the Center it reaches, the nearer free it is."
11	Kidneys & Adrenals, skin (organ of elimination)	Daughter of the Lord of Truth The Holder of the Balances	Understanding that you rule your destiny and that Liberation comes through balance.
12	Water - Emotions	The Spirit of the Mighty Waters	Safely modify the self to achieve Grace or "Bliss of Union".
13	Genitals and urinary system, bladder, urethra, olfactory system, prostate, descending colon, rectum, anus	The Child of the Great Transformers Lord of the Gates of Death	Venus and Mars centers change, that all change is a Beginning
14	Hips, thighs, coccygeal sacrum, sciatic nerves, iliac vessels	Daughter of the Reconcilers The Bringer Forth of Life	The Secret of Initiation and the union of opposites
15	Knees, skin	Lord of the Gates of Matter Child of the Forces of Time	Help see through lies and deception
16	Prostatic Ganglion,	Lord of the Hosts of the Mighty	Prepare for the "Flash of Awakening".
17	Ankles, calves, lower leg bones	Daughter of the Firmament Dweller Between the Waters	The Greater Secrets are revealed through meditation.
18	Feet and toes	Ruler of the Flux and Reflux Child of the Sons of the Mighty	Glimpse beyond creation. Both physical and subtle bodies heal during sleep.
19	Cardiac Ganglion	Lord of the Fire of the World	More than Royal, they are initiates... Royalty not of this earth.
20	Fire - Life-force	The Spirit of the Primal Fire	Help Prepare for Perpetual consciousness
21	Root Chakrah, Base of the Spine	The Great One of the Night of Time	The dance is the free and wild, but also the result of disciplined movement and training.